

# **The Gasp Bike, Bake 'N Boat Sunday, September 13, 2020**

## **42 Mile Bike Route**

### **Turn By Turn Directions**

- The ride begins at 7:00 AM sharp from the Henry T. Wing School. You will begin your ride heading Northeast on Beale Ave for .28 miles.
- You will turn right on Main Street and continue approximately .5 miles until you take a slight right on to MA-6A East, where you will remain until Setucket Road in Yarmouth.
- About 5-miles into the ride, you will have to dismount from your bike to safely cross the RR tracks in Sandwich. Don't be a hero! Over the years, this spot has been the cause for many an exciting spill. GET OFF OR FALL OFF!
- At the 15-mile mark, you will arrive at the first water stop. Staffed by volunteers you will be able to pull off the road to rest, hydrate and have something to eat in the parking lot at Yarmouth Pizza by Evan. Portable facilities are available for a bathroom stop here too.
- Returning to the road, you will continue on MA-6A East for approximately 2.4 miles when you turn right on to Setucket Road.
- You will follow Setucket to the intersection with Airline Road, whereupon you reach the 21-mile mark and the road suddenly becomes re-known as Satucket Road! You are almost half way to the finish!
- From here, you will follow Satucket Road until returning to MA-6A East and rejoining the road just before reaching your second water stop.
- At the 27-mile mark, you will arrive at your second water stop. Staffed by volunteers you will be able to pull off the road to rest, hydrate and have something to eat in the parking lot at Nickerson State Park. Park restroom facilities are available for a bathroom stop here too.
- From here you will not be returning to the road. Instead you will be entering the Cape Cod Rail Trail (CCRT) where you will stay until the end in Wellfleet.
- At the end you will turn in your bike to a UPS delivery truck and wait for the next available transport to the Harbor Hotel, where you can enjoy the finish line festivities.